



**HURLINGHAM
SCHOOL**

Personal, Social, Health and Economic Education, and Citizenship Policy

This policy is made available to all parents, prospective parents, staff and prospective employees of Hurlingham School on our website, and a hard copy can also be viewed at our School Office.

This policy applies to all activities of Hurlingham School, including the Early Years Foundation Stage (EYFS) Nursery and Reception pupils.

1. Introduction

Personal, social, health and economic education (PSHEE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage pupils to play a positive role in contributing to the life of our school and the wider community, in doing so we help develop their sense of self-worth and self-respect. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through participation in class management and school council. We teach them about rights and responsibilities.

PSHEE education also encompasses Relationship and Sex Education (RSE) and Drugs Education

2. Objectives

- Promote the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs
- Know and understand what constitutes a healthy lifestyle; including nutrition, hygiene and mental health
- Be aware of safety issues
- Have respect for other people with particular regard to the protected characteristics under the Equality Act 2010
- Understand what makes for good relationships with others and how to resolve conflicts
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community, learning to interact in a positive way
- Improve their understanding and knowledge of money function
- Encourage pupils to accept their own responsibility for their actions and behaviour and show initiative
- Understand how to contribute positively to society and those living and working locally

3. Practice

All staff members deliver PSHEE and Citizenship in the Curriculum. We use a range of teaching and learning styles. The schemes of work have been developed in line with the Social and Emotional Aspects of Learning (SEAL) teaching programme and the QCA national framework for PSHEE and citizenship. We place an emphasis on active learning by including the children in discussions, investigations and problem solving. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising. Pupils are able to participate in discussions, such as resolving conflict or setting agreed rules of behaviour for the classroom.

PSHEE and Citizenship are taught in a variety of ways both as a discrete subject in all key stages and some of the time through other subjects e.g. local environmental issues in geography and through our religious education lessons. We also develop PSHEE and Citizenship through activities and whole school events. For example, these include: whole school, year group and house assemblies, charity events and School Council meetings. We also offer residential trips in Years 4, 5 and 6, where there is a particular emphasis in developing leadership, teamwork and cooperative skills.

In Nursery and Reception classes we place particular emphasis on capitalising upon, and celebrating, children's individual abilities and talents:-

Pupils articulate what they like and dislike, what they deem to be fair and unfair (although they may appreciate that others may have different views) and what is right and wrong based on the rule of law, a Fundamental British Value. We give the children the opportunity to share their opinions on things that matter to them, and to explain their views. Pupils learn to make simple choices to improve health and well-being; about rules for, and ways of, keeping safe; and about people who can help them to stay safe. Children learn to recognise how their behaviour affects other people. All of this daily, ongoing activity ensures that pupils master the fundamentally important Early Learning Goal regarding Personal, Social and Emotional Development.

4. Relationship and Sex Education/ Drug Education - `please see RSE Policy and Drugs Education Policy

5. Organisation

PSHEE is taught predominantly by the class teacher throughout the school, where timetabling allows in Lower School and Middle School. Classes receive 35 minutes a week of PSHEE. The PSHEE topics are also delivered during Whole school and Key Stage assemblies. The Head of PSHEE plans the whole school scheme to work with the key objectives. See the **PSHEE Scheme of Work** for Full List of Topics

6. Parental Involvement

The school is well aware that the primary role in children's sex education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and cooperation. In promoting this objective, the school provides full details of sex and relationship education on request. We answer any questions that parents may have about the content of sex education. Parents also have the right to withdraw their children from those aspects of sex and relationship and drug education, not included in National Curriculum Science.

7. Assessment

Teachers assess the children's knowledge and understanding through:-

- Pupil self-assessment and the opportunity for reflection
- Discussion and peer group reflection
- Informal judgments, as they observe them during lessons
- Teacher assessment of pupil attainment by observation and review of student written work
- The children's progress in the subject is reported to the parents twice yearly as part of the teacher's comments.
- Every classroom has a PSHEE working wall where evidence is placed for their growth in the core areas of PSHEE, the Fundamental British Values, Internet Safety and SMSC

8. Personal Development

Personal Development is a timetabled lesson in which all students in Years 1 - 6 have. There is a theme each week which is introduced on a Monday. Throughout the week the children are expected to practise this topic, as well as it being linked to other subjects, assemblies etc. At the end of the week they reflect on their progress in the area. All children have a Personal Development book where they reflect on their personal development. An example of topics covered throughout the year can be found below:

Self-worth Self esteem	Reflection Growth mindset	Diversity BV	Growing up and changes	Growth Challenge
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Self confidence Pride Confidence Kindness Empathy Sympathy	Economy Climate change Coping with change Nutrition	Manners Mental Health SMSC Family relationships Friendships	Cultures Refugees Failures Forgiveness Conflict resolution	Responsibility wellbeing Resilience Health and safety Gratitude
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9. Monitoring and Evaluation

The PSHEE coordinator is responsible for supporting colleagues in the teaching of PSHEE, for being informed about current developments in the subject and for providing a strategic lead and direction for the subject in the school. They give the Head of Curriculum (the Deputy Head Teaching and Learning) an annual action plan in which she evaluates the strengths and weaknesses in the subject and indicates areas for further improvement. Time is also allocated to the coordinator for the vital task of visiting classes to observe teaching in the subject.

The PSHEE coordinator will review the drug and SRE provision on an annual basis through discussion with the teachers involved with the delivery of the programme and the pupils participating in it.

All resources for drug education are regularly reviewed and updated in line with the overall aims of this policy.

This policy links closely with the following school policies:-

- Healthy and Safety Policy
- Science Policy
- Behaviour and Sanctions Policy
- Anti-Bullying Policy
- RSE Policy
- Drugs Education Policy
- Computing Policy

Date created: Autumn 2009

Date of last review: September 2023

Date of next review: June 2024

Head of PSHEE and Personal Development